



# The Expat Coach

Enter a Higher State

## WHO I AM

I am a specialist in guiding expats to contribute to their organizations and loved ones. I accompany them in personal, family and work related areas during their International assignments. I believe that the first months have a strong impact on expats. My goal is to contribute to expats and their companies by solving the challenges that expats face.



**Do you face challenges during your international assignment?  
Are you willing to overcome those challenges?**

**Do you want to add value to your organization and loved ones?**

**Contact The Expat Coach, who will help you to succeed.**

### Authenticity

When you face challenges, You need an authentic coach who understands the nature of challenges that you face.

- ✔ 25 years of study and work experience in many countries.
- ✔ Certified translator at the University of Applied Science Cologne.
- ✔ Eloquent in 5 languages: Arabic, French, English, German and Dutch
- ✔ Certified NLP Master Practitioner.
- ✔ 3 + years of Public Speaking and Leadership experience.
- ✔ Certified Coach at Anthony Robbins School of Coaching.
- ✔ 15 years of professional experience with renowned international companies.
- ✔ Almost 15 years of happy marriage.
- ✔ Accredited Access Trainer.



I am committed to guide you to achieve your goals by leading with your strengths and smoothly developing your weaker areas. I trust that you have the potential to grow and contribute to your organization and your loved ones in a sustainable way.

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*“Solving the challenges that expats face is a means to achieving organizations’ objectives”*

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### Values

Authenticity, Honesty, Insightful, Growth, Contribution



## Challenges

Challenges that hamper the success of International Assignments:

- Relationship challenges
- Spouse unemployment
- Spouse resistance to assignment
- Difficulty to handle change
- Intercultural adjustment
- Fear of Public Speaking
- Loneliness, depression and despair

## Solutions

- ✔ Relationships coaching
- ✔ Personal coaching
- ✔ Overcoming depression
- ✔ Overcoming fear of public speaking
- ✔ Emotional mastery
- ✔ Health: weight loss and vitality
- ✔ Mindsets of Success

## Benefits

- ✔ The expatriates feel at their best and perform well
- ✔ The expatriates positively contribute towards achieving organizational objectives
- ✔ The level of sick leave is reduced
- ✔ The expatriates value productivity
- ✔ The expatriates contribute to the success of International assignments
- ✔ Companies save on costs of unexpected recruitment of new expats
- ✔ Expatriates feel appreciated and lead happy life with their loved ones

## Contact

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